Academic Advising Basics

Your academic advisor, if utilized correctly, can be one of the most important tools for your success. But, it can often be hard to understand what to discuss with your advisor, or even how to start the conversation. Read this for help.



How often should you visit/talk to your advisor?

Best practice is at least once a year, but more often depending on your school's registration structure. The most often you communicate with your advisor, though, the better they will get to know you and your needs. And this relationship can be critical



I don't even know how to start this conversation - help!

Don't be scared of your academic advisor! They are there to develop a relationship between, at minimum, you and your academic program. Developing a deeper relationship with them can also allow them to be a useful source for career ideas, potentially reference letters (especially if they work in your field), and more.





Some questions to start the conversation:

- What can I do to graduate by X date?
- Are there any courses that are critical to take before others (pre-requisites)?
- Are there courses that can fulfill two requirements at once (double dipping/smart

More Questions:

- How do I read the course catalog/bulletin?
- What resources are available to me?
- What are general studies courses?
- Or, ask to tell them about your future plans and academic journey!





Want to keep learning more?

Stay tuned to the Academic and Career Support Committee for additional guides, and let us know what questions you have that you need answered!